

SOLERA STAR

DECEMBER 2021

A Monthly Publication of
Solera at Anthem
Community Association, Inc.



13
Sew Talented

18
Solerans
Volunteer

21
Meet New
Neighbors

23
Hobby Corner



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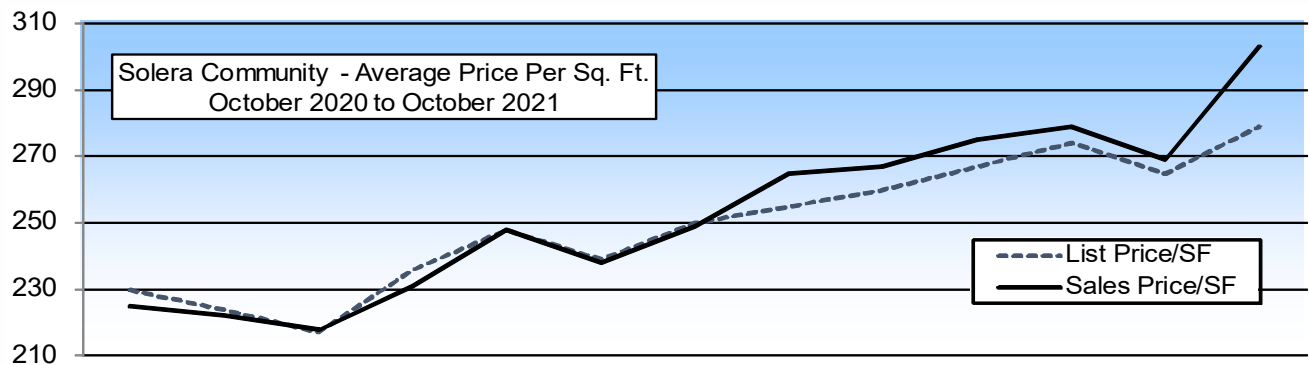
Solera Market Update as of November 5, 2021

We wish our Solera neighbors very Merry Holiday Season and New Year! We look forward to serving you next year!

CLOSINGS: There were 8 closings in October, just 1 more sold than the 7 closings in September.

INVENTORY: Inventory is about the same as last month. At press time, there are 11 homes listed for sale in Solera and 12 under contract.

PRICE: The average sales price for October was \$416,250. The lowest priced sale in October was \$357,500 and the highest was \$480,000. Average days on the market increased from 7 day in September to 10 days in October.



	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Jul	Aug	Sep	Oct
List price/SF	230	224	217	236	248	239	250	255	260	267	274	265	279
Sale price/SF	225	222	218	231	248	238	249	265	267	275	279	269	303

A Full Service Real Estate Company located in Your Neighborhood

You don't have to drive far to see a real estate agent! Our office is conveniently located in the Albertsons Shopping Center. *Licensed Notary Public Services Available In-Office



ANNUAL TOYS FOR TOTS TOY DRIVE

Our office is proud to support the U.S. Marine Corps Toys for Tots Foundation every holiday season.

Stop by our office to drop off a new, unwrapped toy. Your support will help less fortunate children share in the magic of the holidays!

Toys will be collected from November 1 to December 15. Your donations are welcome and appreciated!



Windermere Anthem Inspirada 2880 Bicentennial Parkway, Ste 130 Located in the Albertsons Shopping Center
Office 702-453-7653 www.WindermereAnthemInspirada.com

What was the best gift you've given or received?



"I would say my daughter's love to me. Material things I don't care about."

— **Thelma Alura, Jade Sky**



"My friends and family. The constant, continuing love that I received from the previous generation and now am receiving from new generations and that's receiving and giving. I say friends and family because I have friends who are family to me now."

— **Ellen Galvin, Penumbra Drive**



"The best gift I ever gave was my love to my husband for 66 years, and the best gift to me was my two children."

— **Joan Soriano, Gamma Ray**



"I just got my wife a car, a brand-new car."

— **Paul Mayen, Garnet Star**



12 Needlework



15 Mad Knitters



23 Hobby Corner

ON THE COVER

One of the feature stories in this issue is the Solera Needlepoint Club, which includes knitters, crocheters, quilters and stitchers. One of the members is Gail Berkesch, who does quilts. The cover photo shows a panel of a Berkesch family holiday quilt comprised of various images of Santa Claus, this one reflecting the family's Bavarian heritage. Photo by Larry Edsall.

COMMUNITY CONTACTS AND INFORMATION

FirstService Residential(702) 215-8165
Solera at Anthem Community Association

2401 Somersworth Drive
Henderson, Nevada 89044

Administration Office

Monday – Friday..... 8:30 a.m. - 4:30 p.m.
After hours Emergency Number (702) 215-8165

Community Center(702) 207-1407

Fax..... (702) 405-6211
Monday – Saturday..... 6 a.m. – 8 p.m.
Sunday 6 a.m. – 7 p.m.

For questions about your balance or for general information, call (702) 215-8165.

Simone Mrdjen

Community Manager(702) 207-1414
smrdjen@soleraatanthem.us

Jacob Kay

Assistant Community Manager..... (702) 207-1402
jkay@soleraatanthem.us

Sandi Anderson

Lifestyle Director, Solera Star Editor.....(702) 207-1424
sanderson@soleraatanthem.us

John Cannon

Facilities Manager (702) 207-1406
jcannon@soleraatanthem.us

www.soleranews.com



Assessments are due quarterly on the 1st
January 1 - April 1 - July 1 - October 1
<http://Nevada.fsrconnect.com/soleraatanthem.us>

SOLERA RESIDENTS:

Solera Website : Homeowners can access the Solera Website by going to www.soleranews.com. You can access the FirstService website by logging onto <https://soleraatanthem.connectresident.com>

DEL WEBB CUSTOMER RELATIONS
1-800-664-3089

Following is the address for
Assessment Payments:
Solera at Anthem
c/o FirstService Residential
P.O. Box 30422
Tampa, FL 33630-3422

Board Members

Marci Madine, President..... marci.madine@gmail.com

Ken Moser, Vice President chefmoser1@icloud.com

Ken Sawyer, Secretary..... solerakens@gmail.com

Bob Waskowitz, Treasurer bdwaskowitz@yahoo.com

Ray Carvajal, Director soleraray@centurylink.net

Joe Lightowler, Director..... jlightowler921@gmail.com

Frank Nobel, Director fnobel@cox.net

When emailing the above Board Members, please put “Solera” in the subject line.

Please send all violation reports and/or complaints to the Management Office in writing.

Board Of Directors Schedule Of Future Meetings

Dec. 19:30 a.m.BOD Executive Session..... Stardust

Dec. 89:30 a.m.Board of Directors Meeting..... Stardust

Jan. 59:30 a.m.BOD Executive Session..... Stardust

Jan. 126:30 p.m.Board of Directors Meeting..... Stardust

DISCLAIMER

Solera Star is a monthly publication of Solera at Anthem Community Association designed to provide information and news to the members of Solera at Anthem (SAA). Advertising does not influence editorial decisions or content. We reserve the right to refuse to advertise for any reason or cause. Information, services, products, and materials contained in Solera Star magazine are provided on an “as is” basis with no warranty. SAA disclaims all representations and warranties, express or implied, with respect to such information, services, products, and materials including, but not limited to, warranties of merchantability, fitness for a particular purpose, title, non-infringement, and implied warranties arising from course of dealing or course of performance. In no event shall SAA be liable for any damages whatsoever whether in an action, arising out of or in connection with the use, inability to use, or performance of the information, services, products and materials available from this publication.



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Robert Fruehling & Jan Fruehling

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Advertisers

The Solera Star is the ONLY magazine authorized by the Solera at Anthem community. It is mailed, monthly, and arrives on the 1st of every month to the 1,822 homes at of Solera at Anthem. If you would like to advertise in the Solera Star, please contact AHA! Marketing/Publishing, LLC at (928) 252-2350.

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Laura Harbison

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Hello Solera Homeowners!

Happy Holidays!

A lot of people don't realize how active our market is during the winter months, especially right before the end of the year. Often December has the highest number of real estate sales for the year - which may seem counterintuitive...but when you consider our favorable weather, favorable tax structure, favorable cost of living (relatively speaking...), along with so many entertainment options - it makes perfect sense. Many times I have presented an offer on Thanksgiving, or even Christmas Eve, for an excited homebuyer who is in town for the holiday and looking to make Henderson their home. So - there is NO bad time to sell or buy a home in this area! Call me today if you would like to discuss your options - I am here to give you the information that you need to make your decisions and to guide you through the process. I'm looking forward to hearing from you!

Homes listed for sale as of 11/01/2021

Address	List Price	Approx SF	Model
2548 Serene Moon Dr	\$349,999	1,248	Clark
2521 Starlight Valley St	\$365,000	1,142	Lewis
2523 Evening Twilight Ave	\$369,900	1,142	Lewis
2505 Cosmic Dust St	\$369,900	1,596	Whitney
2613 Icy Moon St	\$374,990	1,142	Lewis
2577 Eclipsing Stars Dr	\$375,000	1,142	Lewis
2440 Andromeda Ave	\$399,900	1,425	Fremont
2360 Mystic Star St	\$399,900	1,425	Fremont
2412 Vivid Sky Pl	\$425,000	1,584	Monroe
2435 Ashen Light Dr	\$440,000	1,768	Franklin
2436 Cosmic Ray Pl	\$444,900	1,596	Whitney
2341 Neutron Star St	\$449,699	1,425	Fremont
2323 Bildad Dr	\$449,900	1,596	Whitney
2513 Solera Sky Dr	\$449,900	1,596	Whitney
2464 Hamonah Dr	\$459,000	1,768	Franklin
2487 Moonlight Valley Ave	\$459,900	1,596	Whitney
2408 Andromeda Ave	\$459,900	1,768	Franklin
2493 Comet Cloud Ct	\$465,000	1,768	Franklin
2615 Anani Rd	\$469,000	1,596	Whitney
2390 Jada Dr	\$469,900	1,596	Whitney
2243 Bildad Dr	\$474,900	1,596	Whitney
2405 Cosmic Ray Pl	\$479,900	1,596	Whitney
2567 Starlight Valley St	\$498,000	1,596	Whitney
2468 Penumbra Dr	\$499,900	1,768	Franklin



2464 Hamonah Dr - Highly upgraded Franklin Floorplan with elevated corner lot featuring Mountain Views! 1768 sqft, 3 BR, 2 BA, 2 car garage. Kitchen boasts new stainless steel appliances, corian counters, and upgraded cabinets. New carpet, fresh paint, plantation shutters, covered patio, and mature landscaping! **\$459,000**

**REALTY
EXECUTIVES**

SOUTHERN NEVADA PROPERTIES

COMMITTEE NEWS AND CONTRIBUTIONS

PLEASE NOTE

The following Committees need volunteers:

Buildings & Grounds

Communications Committee

Community Standards

For more information or to apply please contact management at smdjen@soleraat anthem.us

Residents are welcome to attend any committee meetings that are of interest, except Covenants and ARC. Meeting dates are on the Calendar page.

Please be advised that the following has been removed from the Community Standards Resolution, "(1) a calendar of events"

ARC Committee

Henry "Hank" DeVisser
Ingrid Serina
Robert Brightwell
Terry Hazelbaker
Gregg Shiffbauer
Terry Phelps
David Chavez
Florence Hayashi - Trainee
Vida Carr - Trainee
Shelley Payne-Pittman - Trainee

Liaison: Joe Lightowler

Buildings & Grounds

Craig Hardy
Carol Hendrickson
Frank Tuozzo
Mary Schramski
Stephanie Mahlig
Tom Sweetko

Liaison: Bob Waskowitz

Communications Committee

Larry Edsall
Diane Murphy
Pamela Wilson
Danny Mosher
Liaison: Frank Nobel

Community Standards

Joseph Doll
Linda Freitas
Linda Loane
Joanne Esposito
Liaison: Ray Carvajal

Finance Committee

Robert Waskowitz
Michael Papas
Rebecca Brooks
Thomas Mach
Charles Snyder
Richard Kranzler
Liaison: Marci Madine

Lifestyle Committee

Pam D'Assis
Allen Blonder
John Miller
Debbie Waskowitz
Michael Cochran
Lea Mills
Liaison: Ken Moser

Architectural Review Committee (ARC)

Hello from the ARC, we hope you all had a Blessed Thanksgiving.

The following specific site criteria shall apply to all proposed project or existing construction within Solera at Anthem, unless the ARC grants a variance. ARC approval is required for all alterations or expansion of a structure on a Lot. The architectural design and materials used for any and all exterior additions, alterations, or renovations shall strictly conform to the original design with respect to the style, detailing, and materials used in the initial construction.

All additions to single family homes shall be built in accordance with the setback lines established for Solera at Anthem, regardless of more lenient requirements of any local government authority. Such setback requirements are set forth in Figures 1-A and 1-B of the Design Guidelines. Any addition to an existing single family home shall not be higher than that of the original roof line and shall comply with the height requirements set forth in 1-C of the Design Guidelines.

We in the ARC would like to wish everyone a very Merry Christmas and a very Happy New Year! Gods Blessings to All!



“A Date Which Will Live in Infamy”

by The Veterans and First Responders Club



Our club is having a tribute to Dec. 7, 1941, “A Date Which Will Live in Infamy” with stories, music, and videos from that era, followed by one lucky person winning a basket full of surprises, our 50/50 raffle and plenty of refreshments for all.

Our Special Thanks

Once again, we are coming to the end of a very different kind of year. Somehow, in spite of what we are all experiencing with the COVID-19 pandemic, Solera came through with generous donations. We had a very successful summer and winter clothing drives on behalf of the U.S. VETS, plus over 100 new flags for our community. We could not do this without you. Thank You! Plus, we would like to extend a

special Thank You to all of the Association employees that assist our club with the set-up of our meetings and special events, such as Memorial Day, Patriot Day, and Veterans Day.

We are still looking for musically talented Solera residents. It would be very meaningful to have local talent willing to sing patriotic music for our three annual patriotic events. Over the course of the year, our Club hosts three events: Memorial Day, May 31, Patriots Day September 11, and Veterans Day, November 11. In particular, we would love to have a local bugler who would perform Taps at the ceremonies and someone willing to sing patriotic music. It could be in the form of a solo, duet, trio, with or without accompaniment – whatever you are willing to share. Please consider offering up your talents to enhance these annual celebrations. What a wonderful way to give back to our Veterans. If interested, contact Joyce Lightowler at joycelightowler@gmail.com. Thank you!

Have a very special Holiday Season! ❄️

FAS Continues to Offer Services to the Residents of Solera



We are Always looking for more Volunteers. Call 725-244-4200

Happy Holidays to all as the end of the year comes it's more important than ever if you can please donate to the Foundation Assisting Seniors that's the only way we can survive and keep helping Solera residents. I want to point out to some people that if you go to our website we have a how are you program that will call you daily to check on you. This is a great program and it's free, please give me a call at 725-244-4200.

Durable equipment loans are available to help Solera seniors and veterans remain comfortably in their own homes. Delivery and pick-up of equipment is done by our team of volunteers and includes canes, walkers, oxygen concentrators, scooters, hospital beds, and more. A comprehensive description of the program can be found at www.foundationassisting seniors.org.

To reserve equipment, call 725-244-4200 between 9 a.m. and 12 noon weekdays.

All equipment is maintained, cleaned, disinfected, and sanitized using MicroShield 360.

Additional services that continue to be offered are those such as filter replacement, battery replacement for CO and Smoke detectors, lubricating garage doors, and replacing overhead lights. Call 725-244-4200 to request assistant.

Our nationwide HowRU™ wellness check program makes it easy to check in on loved ones, providing piece of mind to families all over the country. A daily call is made at the time you choose. You push the number 5 on your phone to let the system know you are all right. If you do not pick up the phone, a second call is made. If this call also goes unanswered, a call is made to an emergency contact you've designated to have them check personally. To sign up for the program, visit www.foundationassisting seniors.org or call 725-244-4200. ❄️

Fun Events in October

Story and Photos by Sandi Anderson

We had some fun events in the month of October. On Saturday, October 9 we had a Health Fair that included a variety of different vendors, from Walgreens doing flu shots, Skechers, chair massage, and much more. We had over 150 people that attended the Health Fair.

On Friday, October 29 we had our Halloween Event that included a costume contest, pumpkin carving contest, and entertainment by the Déjà vu Band. We had over 115 residents and guests attend the event. Congratulations to all of our winners!



Fine Arts Club Art Show

Story by Sandi Anderson and Photos by Dominique Jordan

On Sunday, October 3 the Solera Fine Arts Club held a fantastic Art Show. Many of their club members got to showcase their talents. We had over 100 Solera residents and family members attend the Art Show. All attendees voted for their favorite art pieces. Congratulations to all of the winners and thank you to all of the participants.

The following winners were:

Watercolor:

Best of Show - Rolayne Wenger

First Place: Evelyn Sandor

Second Place: Lynn Bonfond

Third Place: Judy Blankenship

Colored Pencil:

Best of Show – Elva Radick

First Place: Faye Caracci

Second Place: Bonnie Hahn

Third Place: Faye Caracci



UPCOMING EVENTS - DECEMBER



LUNCH & SHOP AT TOWN SQUARE

TUESDAY, DECEMBER 7TH

**Bus will leave Solera at 10:00 AM
and return around 3:00 PM**

\$5 per person for transportation

**Tickets will be available for purchase at the clubhouse
front desk beginning Tuesday, November 16th.**

Solera Holiday Party

**Saturday, December 11th from 5:30 – 9:00 PM
In The Stardust Ballroom**

Tickets go on sale Friday, November 12th

Tickets Are \$25 • 3-course plated meal will be served



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The Las Vegas Academy Choir
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ENCHANT

*The world's most magical
Christmas experience*

**Enchant Outing
at Las Vegas Ballpark**

Friday, December 17th

**Bus will leave Solera
at 5:30 PM &
return around 10:00 PM**

**\$35 per person
(includes admission & transportation)**

**Tickets will be available for purchase at
the clubhouse Front desk beginning
Friday, November 26th**

Enchant will take over the Las Vegas Ballpark bringing "The Great Search," the first in a series of five magical adventures, to life for the holiday season.

Known for creating new family traditions and sharing unforgettable experiences with loved ones, Enchant is a whimsical and heartfelt Christmas Light Maze and Village. This full experience includes gliding down the Ice Skating Trail, sampling gourmet holiday treats from around the world, visiting the artisan Christmas market and meeting the Big Man himself – all before stepping into the most magical Christmas light maze the world has ever seen.

UPCOMING EVENTS - JANUARY



Direct from Las Vegas, Carpenters Legacy: A Re-creation of the 1976 UK Tour is the definitive show celebrating the music and legacy of the famed brother-sister duo, starring Sally Olson as Karen Carpenter and Ned Mills as Richard Carpenter.

The Carpenters Tribute Show will be held on Friday, January 28th from 6:00 - 8:00 PM in the Stardust Ballroom. Tickets are \$15 for Solera residents and \$17 for guests. Tickets can be purchased at the Clubhouse Front Desk beginning Friday, January 7th. Hope you can join us!



From Lincoln Center Theater that brought you The King & I and South Pacific, comes “a sumptuous new production of the most perfect musical of all time”, Lerner & Loewe’s MY FAIR LADY. Director Bartlett Sher’s glowing production is “thrilling, glorious and better than it ever was”. “Every so often a revival comes along that reminds you how indispensable great theater can be”.

Boasting such classic songs as I Could Have Danced All Night, The Rain in Spain, Wouldn’t It Be Lovely and On the Street Where You Live, MY FAIR LADY tells the story of Eliza Doolittle, a young Cockney flower seller, and Henry Higgins, a linguistics professor who is determined to transform her into his idea of a “proper lady.” But who is really being transformed?

Know Before You Go: You will need to provide a vaccination record or proof of negative COVID-19 test prior to entrance.

My Fair Lady at the Smith Center

SUNDAY, JANUARY 30, 2022

Bus will leave solera at 6:00 PM & return around 11:30 PM

\$70 Per person
(includes admission & transportation)

Tickets will be available for purchase at the clubhouse Front desk beginning Friday, January 7th

Solera's Needlepoint Scene

**Knitters, stitchers, crocheters, and quilters
create handmade treasures**

By Pamela Wilson

*“In this era of fashionable things,
the beauty of handmade gifts
has its own happiness.”*

— Priyanka Shakur

There was an enormous burst of creative juices flowing in our Solera Community Center on a recent morning when members of the Needlepoint Club shared their projects with me. Out came the sewing machines, irons, thread, materials and more, creating a “handmade with care” and proud individual sense.

Square by square, stitch by stitch, I heard stories of how, why and where the pieces would come together to form a colorful, modern playful quilt, blanket, table topper or even a taco warmer.

Carolyn Doyle laid out squares with embroidered-in-red and playfully designed Christmas characters. My favorite was the enchanting smiling snowman that warmed my heart as I could almost picture all those squares coming together as a Christmas quilt.

Each square, she explained, takes a couple of hours to embroider, and there are a whole lot of squares. It is amazing how many hours of love and talent it takes to complete one quilt.

Gail Berkesch laid out her wedding quilt project with graphic design, distinctive script, and the bride and groom's name integrated with a bold blue color combinations. She pointed out a “K-i-s-s-i-n-g” poem scripted on one of the quilts borders.

Imagine the joy the couple will experience receiving this one-of-a-kind, everlasting gift.

Next, she unfolded and displayed her stunning Christmas quilt with squares representing Santa. Each Santa panel also represents an aspect of the family history (Gail's husband, Dennis, is a retired Lutheran pastor). For example, one Santa panel relates to the Bavarian branch of the family.



Gail Berkesch with her Christmas quilt.

Joyce Shaw crochets using donated yarn with the determination that every thread, strand by strand, stitch by stitch will create warmth and happiness in someone's life. She began crocheting for the Project Linus, a non-profit organization that provides homemade blankets to children in need and she has personally donated over 486 hats and more than 85 blankets.



Joyce Shaw



Carolyn Doyle sews together the squares that will comprise a quilt.

Now, her loving stitches “7-22-7” magically weave into colorful lap blankets for veterans in wheelchairs. After a moment’s reflection, she cheerfully declared, “It’s my way to give back.”

Maryann Bianco, the team leader, was visiting her children in Connecticut, but commented that the group welcomes all new members. She noted that the group loves to share its knowledge and ideas with one another.

If you love to crochet, knit, quilt or sew, reach out to Maryann for all the details. maryann.bianco@yahoo.com

“In a world where news of inhumanity bombards our sensibilities, where gasping for things goes so far beyond our needs, where time is squandered in busyness, it is a pleasure and privilege to pause for a look at handiwork, to see beauty amidst utility, and to know that craft traditions begun so long ago serve us today.”

— John Wilson



Maryann's handywork

WEEKLY ACTIVITIES

Chartered Clubs

- American Mah Jongg Club**.....Monday 5:30 p.m., Tuesday 1 p.m.
Beverly Wexler 702-437-2383
- Asian Mah Jongg Club**..... Wednesday & Friday 12 p.m.
Vickie 702-489-7922
- Bridge Club**..... Tuesday & Friday 12:30 p.m.
Sue Linnever 203-232-5345
- Bunco Club**.....2nd Tuesday 5:00 p.m.
Gerri Van Der Meer 973- 479-9690 Sue Levine 702-837-3496
- Euchre Club**.....Monday 1 p.m.
Gregg Schiffbauer at 702-379-1399 magregg@aol.com
- Fine Arts Club**
Watercolor..... Thursday 10 a.m.
Judy Blankenship 702-457-0550
- Colored Pencil**.....Tuesday 1 p.m.
Faye Caracci 702 - 260-0558.
- Handcrafted Creations Club**
Bead Weaving Thursday 1 p.m.
Carol Runyan 702-558-7623
- Needlework**Friday 10 a.m.
Maryann Bianco 702-453-2884 maryann.bianco@yahoo.com
- Stained Glass**.....Wednesdays 12:30 p.m. - 5 p.m.
Nick Caracci 702-480-3609 Nick89052@yahoo.com, Bob Stahurski 702-994-3919
- Paper Works Club**.....Monday 1 p.m.
Linda Freitas Dfreitas89044@cox.net
- Party Bridge Club**Tuesday & Thursday 12:30 p.m.
Kathleen Karstensson (702) 524-3648 or kkarstensson@gmail.com
- Pickleball Club**.....Monday, Wednesday, Friday 7 a.m.
Linda Spacil 702-375-2336
- Poker Club**..... Monday 12 p.m., Wednesday 5 p.m., Thursday 5 p.m.
Donna Tipps 775- 846-3616
- Romeo's Solera Mens Club**..... 3rd Friday 8:30 a.m. at Southpoint
Allen Blonder 702-395-6878
- Solera Ladies Club**.....Monthly Activities
Janice Awe 408-206-1148 or janiceawe@gmail.com
- Solera Singles Club**.....Monthly Activities
Barbara Freeman 702-436-2987 vegasgal96@AOL.com
- Table Tennis Club**..... Monday, Wednesday, Saturday 8 a.m.-12 p.m.
Steve Reed 309-696-5311
- Veterans & First Responders Club**.....1st Tuesday 6:30 p.m.
Howard Spanier howardspan@yahoo.com

Water Volleyball Club..... Wednesday & Saturday from 1-2:30 p.m.
Susan Newman 951-850-2595 sjntchr@aol.com

Groups

- Billiards**..... Tuesday 6 p.m.
Please Drop By
- Book Group**2nd Saturday 12 p.m.
Please Drop By
- Crafts and Stitches**..... Tuesday 9 a.m.
Please Drop By
- Dealer's Choice Poker** Monday 12-3:30 p.m.
circuitgirl52@gmail.com
- Rummikub** Wednesday 1-4 p.m.
Richard Kroeger rkroeger2@cox.net
- Scrabble** Tuesday 6:30 p.m.
Juanita 702- 897-6257
- Tennis Group**.....Saturday 7:00 a.m.
Sam Misraji 818-207-1947

Health & Fitness

- Aquasize**..... Monday, Tuesday, Thursday & Friday 10:00 a.m.
Diane Fimiano Aquadiane1@aol.com
- Crystal Bowls Meditation** Wednesday 1:30-3:00 p.m.
Sindi Keene 760-504-5880
- Gentle Yoga Class** Thursday 12:15 p.m.
Sindi Keene 760-504-5880
- Party Time Dance**..... Noon – 1:00pm, Tuesday
Marcia Wise wisema007@gmail.com
- Power Walkers**Daily 7:30 a.m.
Cheryl Beaudry 702-823-5441
- Solera Starz Cardio Class** Tuesday 8:30 a.m.
Ardena 702-263-9770, Lorie 702-487-5725
- Solera Starz Dance Aerobics**.....Monday, Wednesday, Friday 8:30 a.m.
Arda Reitter 702-462-6167, Carol Page 702-205-0164
- Solera Starz Line Dancing**Monday 4:30 p.m. - 6 p.m.
Arda Reitter 702-462-6167, Carol Page 702-205-0164
- Tai Chi Clinic**..... Monday & Thursday 11:15 a.m.
Ken Pavese 702- 407-8111
- Yoga Friends** Tuesday 9:00 a.m.
Merrilee Gaines mgaines823@hotmail.com
- ZUMBA** Thursday 8:30 - 9:30 a.m.
Mary Richard 702-521-2583



A member of
FEEDING AMERICA

Three Square's mission is to provide wholesome food to hungry people, while passionately pursuing a hunger-free community. They work with a service network of community partners (including nonprofit and faith-based organizations, schools and after school and feeding sites) in our community to reach struggling individuals and families at risk of hunger.

In 2019, they distributed more than 41 million meals, the equivalent of more than 50 million pounds of food and grocery product, through our community partners. Last year the Solera Community raised over \$3,000, providing over 9,000 meals to families. We are hoping to do the same again this year.

Please see the link below to donate. You can donate from now until the end of 2021. Thank you in advance for your support!

<https://www.threesquare.org/solera>

A Yarn about Yarn

The Mad Knitters shop offers instruction and inspiration

By Pamela Wilson



The earliest known samples of yarn and fabric of any kind were found near Robenhausen, Switzerland, where bundles of flax fibers and yarns and fragments of plain-weave linen fabric were estimated to be about 7,000 years old.

It also is known that cotton has been cultivated and used to make fabrics for at least as long.

Through the 11th to 18th centuries, making yarn and yarn-based products was a much more common job than it is today. Not just in certain areas either, but all across Europe, Asia, and parts of Africa people made their way with yarn.

With advancements of the spinning wheel and weaving looms, it was easier to produce large-scale items such as sails and ropes, giving a boost to the exploration, trade, and warfare industries.

By 1733, the flying shuttle was invented, making weaving easier on a mass scale.

And then things really changed. Around 1775 Samuel Crompton invented the spinning mule, a water-powered machine with multiple spindles. In 1766, the invention of the spinning

jenny meant that one person could do what had been the work of eight. Come 1780, steam power and the rest of the Industrial Revolution took over.

In 1828, James Thorp invented the ring frame which involved hundreds of upright spindles creating one long piece of spun yarn. In the 1960s, the modern open-end spinning system was devised in Czechoslovakia, eliminating spindles by using a spinning drum to create a heavier fabric mainly used for industrial purposes.

In Henderson, we have a locally owned yarn shop that displays balls and balls of the finest quality yarn on the planet. I popped into the Mad Knitters shop to be educated beyond the imagination “all about yarn.” It turns out knitting is quite a social event with the sharing of patterns and techniques and a passion to create amazing hats, shawls, blankets, even wall decor.

I was taken back by the beautiful displays of colored yarn and I do mean every color imaginable. The shop has an expansive window that floods the large room with natural light that highlights the authentic colors.

As I scanned the entire store, soaking in all the beautiful colors and textures

of the yarn, the owner, Virginia David, explained the many types of her yarn inventory and a little history about herself.

She learned to knit from her mother and became hooked with her first granny square (a granny square is a piece of square fabric produced in crochet by working in rounds from the center outward.) Her yarn education continued by way of a friend and now she her store offers only the finest quality yarn from Europe, Australia, and beyond. Types of yarn she mentioned included Jody Long and Debbie Bliss.

Let’s not forget the texture, the softest, most huggable material that you want to take home even if you don’t know one needle instruction.

There is a long table in front of the window where Virginia meets with clients to share knitting projects. There are intriguing, mystery projects, and clues are given every week until the mysterious project’s conclusion. What fun!

Virginia mentioned that she is familiar with several of our Solera residents who belong to our needlepoint club.

Embrace the whimsy, the creativity, and pure social fun at the “open knitting” on Fridays and Saturdays at 11:00 a.m. or visit the store and get your creative juices flowing through the beautiful art of yarn!

Mad Knitters Yarn, 1590 W. Horizon Ridge Pkwy, STE 170, Henderson. NV. (702) 778-3600

Visit the website: madknittersyarn.com



COMMUNITY CALENDAR • DECEMBER 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
●	●	●	1 Exec Board 9:30am	2	3 Communications Committee 9:30am	4
5	6	7 ARC 9:00am Lunch & Shop 10am Veterans & First Responders 6:30pm Bulk Trash Day	8 Board of Directors 9:30am	9	10 Holiday/Ugly Sweater Day!	11 Solera Holiday Party! 5:30-9:00pm
12	13 Covenants 10:00am	14	15 Buildings & Grounds 9:30am	16	17 Enchant Outing at Las Vegas Ballpark Bus Leaves at 5:30pm	18
19	20	21 Lifestyle 10:30am Bulk Trash Day 	22	23 No Bingo	24 Christmas Eve Clubhouse Closes at 3:00pm	25 Christmas Day Clubhouse CLOSED
26 Kwanzaa	27	28	29	30	31 New Year's Eve Clubhouse Closes at 3:00pm	●

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Want to Live Longer? Volunteer

Story by Diane Makar Murphy

Photos by Gary Galvin

Linda Spacil has volunteered with the Rape Crisis Center for a decade.

“I felt that a person who’d been a victim of a sexual assault wasn’t always properly represented or receiving the support or services they needed,” she said. “I decided when I retired I would volunteer.”



Linda Spacil

Almost 25 percent of the volunteers in America are golden agers. For good reason: Volunteering benefits society with unpaid labor, seniors with improved health and well-being, and the government by keeping Medicare costs lower.

Clearly, it’s win-win-win when we volunteer ... as Spacil and many other Solerans have found.

For three hours once or twice a week, Spacil mans the RCC hotline. She also goes to the University Medical Center to provide one-on-one support when victims have to endure rape kits or have no idea where to turn. She tells them where to get emergency housing, transportation and follow-up services.

“I feel like I’m offering support,” she said. “I’m not a counselor, but I think it helps them when they’re in crisis.”

Three Benefits of Volunteering

Helping others seems to be key in helping yourself. A 2019 *Psychology Today* article noted, “Depending on the study,

the decrease in death rates for volunteers ranged from 20 to 60 percent.”

The article conjectured the reason was three-fold. First was having an uplifted mood.

“Multiple studies have provided evidence that volunteering is good for depression, well-being, and social support, among other effects,” the article states. Secondly, those who volunteered tended to groom better and attend to their own healthcare needs more. Lastly, volunteers were more physically active.

“Volunteerism has been a rewarding part of my adult life,” Soleran **Mary “Pat” Teague** concurs. In years past, Teague volunteered with Las Vegas World Affairs Council, of which her son was president.



Mary “Pat” Teague

“I typed their itineraries and provided packets, sometimes hosting dinners and providing transportation,” Teague said of her stint with the nonprofit whose goal is to spread global awareness. She now works closer to home.

Teague spends “at least two hours every day crocheting afghan blankets for the homeless,” and joins monthly Women’s Guild bake sales. “I feel fortunate to be living in a community with people who care for each other and give of their most valuable resource, their time.”

Time Enough to Volunteer

Speaking of time, Wharton professor Cassie Mogilner found something surprising in her research: “Giving your time to others can make you feel more ‘time affluent’ and less time-constrained than wasting your time, spending it on yourself, or even getting a windfall of free time.”

The variety of places Solerans volunteer is surprising, too. For example, **Howard Bluestone**, before the pandemic put his volunteer duties on hold, was a greeter at the Mob Museum.



Howard Bluestone

A very dapper post 80, Bluestone got to stretch his acting muscles with a “Ey. How ya’ doin’?” for each arriving customer.

“I explain a little bit about what they will see... and tell them to not forget to try on the electric chair; one size fits all,” Bluestone said. “All in all, I really enjoy it. I get to interact and talk with people from literally all over the world.”

Bluestone donates his time another way, too. After he noticed a neighbor’s tattered flag in the trash, the retired Army colonel arranged for the Solera Community Center to receive residents’ old flags, which he picks up, folds in respectful triangles and delivers to Henderson’s American Legion. He’s gathered nearly 800.

Solera pet owner **Charles Williams** volunteers at The Animal Foundation’s main campus two days a week walking dogs.

“I’ve had dogs for at least 20 years,” said the three-dog owner. He called volunteering with animals special and a productive way “to get out of the house.” Williams said, “You see a big difference in them in a short amount of time.”



Charles Williams

Close to Home

Volunteer opportunities exist right in the Solera community as well. Ingrid Serina has been on the ARC, Architectural Committee, for almost 10 years. “I enjoy it as we get to meet our great neighbors and especially since we get to see what wonderful ideas our neighbors have for their front and backyards. Beautiful to see,” she said.

Betty Remp uses her home as a base for volunteering, perfect during the pandemic.

“I gather paperback books (my own and friends’ contributions) and send them to our active duty troops and veterans through Operation Paperback,” Remp said. “The only trip outside required is the one to the post office when I have gathered enough to send.”

According to Remp, the volunteer pays for shipping but this cost is “a pretty reasonable way to brighten the day for some of our service men and women.”

Another close-to-home volunteer is board member **Ken Moser**. In addition to volunteering with the board and several Solera clubs, Moser has spent a decade volunteering with the Foundation Assisting Seniors providing services to people right here. His list of volunteer gigs outside Solera is a long one. Referencing FAF, Moser said, “The need is great for more people to volunteer.”

Confused about where to start? Eblasts and the Solera Star often list community volunteer opportunities. For those outside Solera, check Volunteermatch.org.





BIRD'S-EYE VIEW: Ever wonder what Solera looks like from a bird's-eye perspective? This aerial photograph of the clubhouse and sports courts is provided by Josh Murphy

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Everyday Is a Good Day to Meet Your Neighbors

by Pamela Wilson

Photos provided by David and Lea Mills

I confess, I have long been an admirer of people. I love getting to know the very special folks that make up the amazing planetary-named community of Solera. Equal to that, I love writing about our fellow Solerians and sharing their stories.

So allow me to introduce this fine couple who were destined to be members of our community: David and Lea Mills journeyed from California to Sun City Anthem, to Solera Villas, to Albany, Oregon and then, in 2016, they settled back in Solera.

David and Lea met in a high school biology class. Lea admitted that she transferred herself to this class to be close to this “bright red-haired soft-spoken boy.”

“I ran after him until he caught me.”

But David says he knew about this pretty girl, Lea, and was interested in her because she was featured in the local paper as a champion softball pitcher.

After they spent weekends on a mutual quest for biology class identifying plants and flowers, they continued their life journey together and will soon celebrate 67 years of marriage.



They are proud parents of two sons and a beloved grandson whose birth they describe as being one of the “happiest moments” of their lives.

Lea is an accomplished photographer and holds a master's degree in Gerontology/Therapeutic Recreation. She was a teacher and college dean, and sat on more than 25 city, county and state boards and commissions in California and several community boards in Nevada. She creates shadow boxes that display her photographs within a world of vintage charm.

David holds a doctorate in physics, authored several solution manuals for calculus-based physics texts, and co-authored laboratory manuals for CSN's Physics 151-152. He also enjoyed many years teaching physics and mathematics at College of the Redwoods and, in retirement teaching physics at the College of Southern Nevada as an adjunct professor. You can catch David riding his electric bike throughout Solera.

There are many amazing and rewarding discoveries to be made as we come to know our neighbors. Let's make everyday a good day to champion neighborhood acquaintances.



Two Cents for Your Two Feet

By Diane Makar Murphy

“Everyone is begging us to walk: *Prevention Magazine*, *SeniorsMatter.com*; even Harvard University says walking adds years to your life.”

But what if your feet hurt?

Studies say one in three seniors lives with foot pain or stiffness. It's no surprise, considering that by the time you're 80, you'll have walked the equivalent of five times around the earth.

You may still be hitting the trails or treadmill, and if you are, good for you. But even then, wouldn't you like to improve your chances of keeping it that way?

As we age, our feet flatten and get wider. They also lose some of the fatty padding that's supposed to protect bones and joints. Thinning skin also makes the 65-and-over bunch more prone to blisters. Add to these, the improper shoes of our younger days.

Bunions — a bony growth or misaligned bone at the bottom of the big toe — can cause the big toe to point toward the small one. Hammertoes result when the toe joints cause the toes to curl. Arthritis can result in swollen, painful feet. Circulation may be impaired by diabetes. Even toenails can cause problems when not cared for properly.

The cavalier treatment of our feet we practiced as kids is no longer good enough. To keep walking, we need to be proactive. Here is our two cents for keeping feet healthy.



Tips for Healthy Feet

First and foremost, treat any underlying conditions. Arthritis and diabetes have a good chance of being well-controlled with medication. The goal is to increase comfort while preventing future problems.

Keep feet clean and moisturized. Daily foot bathing is essential, followed by a good foot moisturizer.

Keep nails in trim. If you haven't been stretching or your balance is impaired, reaching your toenails may be difficult. Podiatrist visits are often included in senior healthcare, however, and you might even treat yourself to a regular pedicure. If you don't, you may be courting ingrown toenails, toenail fungus or discolored nails.



Toss out all uncomfortable or old shoes. Did you know workout shoes should be replaced every 350 to 500 miles? That means every three to six months treat yourself to a new pair. Consider consulting a podiatrist regarding shoes or inserts. If you spend much of your time at home, forgo slippers in favor of more supportive shoes.

Treat problems when you notice them. When we were younger, discolored toenails, corns, calluses, and blisters sounded inconvenient but harmless. As we age, however, these can turn into larger problems like infections. A Soleran lost part of his foot by ignoring a problem. A better course would have been to see a professional at the first sign of infection.

Pain may be a signal to see a doctor. According to *dailycaring.com*, “feet are often the first part of the body to show symptoms related to conditions like arthritis or diabetic neuropathy.” Some might be treatable at home like plantar fasciitis; others need a podiatrist. Look for pain, tingling, numbness, stiffness, or inflammation.

Support improved circulation. Writes *dailycaring.com*, “Circulation in senior feet can be improved with foot massages, elevating the lower legs when resting, and talking with your doctor about prescribing compression hose.” Several YouTube videos demonstrate self foot massage.



From Running Plates to Collecting Them

Former police officer decorates garage with license plates

By Ray Downing

Long retired, but in my glory days I spent 29 great years as a police officer in Detroit.

On patrol, got so used to looking at license plates then looking at the stolen car sheet that I decided, what the heck, may as well collect them. These were the days before computers, of course!

Anyway, my garage boasts two "runs" of plates. The first is of all 50 states (plus D.C.) for the bicentennial year of 1976. The other is a complete run of Michigan plates from 1910 to date.

Makes for a nice looking garage, anyway.

(Do you have a hobby you're willing to share with other Solera residents? If so, please email Frank Nobel at fnobel@cox.net with details and photos.)





THE LAST WORD

John Anthony Simone

Performer John Anthony Simone, 73, moved to Solera in 2017. That was 69 years after he held his first guitar and did as his dad told him—strum. A year later, his father started giving him lessons. Uncle Louie took over when John was 8, teaching him to play lead. Later, formal lessons began, but John soon quit because, with perfect pitch, he didn't think he needed them (which he now regrets). He joined his first band, The Three Kings, at 16 and has performed ever since in New York, California, and more recently, at Solera.

Last Trip You Took

The last trip Leslie [his wife of 20 years] and I took together was to visit a cousin in Carlsbad (New Mexico). I have 60-something cousins. Mom was in a family of 7 and Dad, 8.

Last Full Time Job You Held

I had a solo gig in the '90s and [the accompaniment] was on floppy disks! I also did video productions. But in 2000 I got hired by the California Department of Consumer Affairs, answering complaint calls. I retired at 62; it's all I could take.

Last Movie/Show You Watched

We watched *The Guilty* and it was good. Jake Gyllenhaal was a 911 operator in it.

Last Book You Read

I don't read a lot of books. I mostly read my Taylor Guitar magazines [*Wood & Steel*].

Last Guitar You Bought

I bought a Paul Reed Smith. The color is Copperhead. It's gorgeous, but I hardly ever play it! I didn't want it, but I was influenced by my friend in Syracuse. I prefer my Taylor acoustic and my Gibson ES-335 blues guitar only.

— Reported by Diane Makar Murphy
Photography by Gary Galvin





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Fremont	2360 Mystic Star	1,425	\$399,900
Monroe	2412 Vivid Sky	1,584	\$425,000
Whitney	2487 Moonlight	1,596	\$444,900
Whitney	2567 Starlight Valley	1,596	\$475,000
Whitney	2323 Bildad	1,596	\$449,900
Whitney	2615 Anani	1,596	\$469,000
Franklin	2493 Comet Cloud	1,768	\$465,000
Franklin	2517 Hamonah	1,768	\$469,000
Franklin	2408 Andromeda	1,768	\$459,900

Homes Under Contract

Model	Address	SqFt	List
Lewis	2521 Starlight Valley	1,142	\$365,000
Lewis	2523 Evening Twilight	1,142	\$369,900
Lewis	2577 Eclipsing Stars	1,142	\$375,000
Clark	2548 Serene Moon	1,248	\$349,999
Whitney	2513 Solera Sky	1,596	\$449,900
Whitney	2505 Cosmic Dust	1,596	\$369,900
Whitney	2436 Cosmic Ray	1,596	\$444,900
Whitney	2405 Cosmic Ray	1,596	\$479,900
Franklin	2464 Hamonah	1,768	\$459,000
Franklin	2468 Penumbra	1,768	\$499,900
Franklin	2435 Ashen Light	1,768	\$440,000

Homes Sold in the Last 90 Days

Model	Address	SqFt	List	DOM
Lewis	2593 Darda	1,142	\$329,095	4
Lewis	2444 Gamma Ray	1,142	\$370,000	4
Lewis	2613 Icy Moon	1,142	\$374,990	9
Lewis	2640 Galactic Halo	1,142	\$480,000	1
Clark	2512 Celestial Light	1,248	\$357,500	8
Clark	2333 Neutron Star	1,248	\$365,500	16
Clark	2556 Anani	1,248	\$335,000	5
Clark	2505 Starlight Valley	1,248	\$370,000	3
Fremont	2440 Andromeda	1,425	\$393,500	30
Fremont	2452 Gamma Ray	1,425	\$375,000	5
Fremont	2484 Galaxy Cluster	1,425	\$397,000	5
Fremont	2528 Binary Stars	1,425	\$405,000	35
Whitney	2437 Hamonah	1,596	\$447,500	10
Whitney	2343 Bildad	1,596	\$430,000	10
Whitney	2485 Comet Cloud	1,596	\$449,900	8
Whitney	2390 Jada	1,596	\$470,000	8
Whitney	2393 Amana	1,596	\$522,500	26
Franklin	2505 Solera Sky	1,768	\$450,000	5
Franklin	2583 Starlight Valley	1,768	\$470,000	11
Franklin	2500 Solera Sky	1,768	\$619,000	39
Franklin	2383 Hydrus	1,768	\$418,000	6
Franklin	2541 Eclipsing Stars	1,768	\$465,000	6

